

# Great American Smokeout 2008—Army Toolkit

Thursday, November 20, 2008

Army Great American Smokeout (GASO) 2008 Focus: **Army Strong**

## **Guidance**

- A. Submit print materials to installation **news outlets**
- B. Inform your target audiences of the health threats of **tobacco smoke**.
- C. Provide **tobacco control** information to line assets.
- D. Collaborate with troop **medical assets**.
- E. Use materials from **previous GASO Toolkits**.
- F. Contact **USACHPPM** for technical information.

## **Clinician**

### **1. The Health Consequences of Smoking Surgeon General's Report 2004**

*Full Report*

<http://www.surgeongeneral.gov/library/smokingconsequences/index.html>

*Animated Flash Version*

[http://www.cdc.gov/tobacco/data\\_statistics/sgr/sgr\\_2004/sgranimation/flash/index.html](http://www.cdc.gov/tobacco/data_statistics/sgr/sgr_2004/sgranimation/flash/index.html)

### **2. The Health Consequences of Involuntary Exposure to Tobacco Smoke Surgeon General's Report 2006**

*Full Report*

<http://www.surgeongeneral.gov/library/secondhandsmoke/report/>

*Six Major Conclusions*

<http://www.surgeongeneral.gov/library/secondhandsmoke/factsheets/factsheet6.html>

*Index*

[http://www.cdc.gov/tobacco/data\\_statistics/sgr/sgr\\_2006/index.htm](http://www.cdc.gov/tobacco/data_statistics/sgr/sgr_2006/index.htm)

### **3. Community Preventive Services—Tobacco (CDC)**

<http://www.thecommunityguide.org/tobacco/>

### **4. American Lung Association Secondhand Smoke Fact Sheet**

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35422>

### **5. Tobacco Fact Sheets (CDC)**

[http://www.cdc.gov/tobacco/data\\_statistics/fact\\_sheets/index.htm](http://www.cdc.gov/tobacco/data_statistics/fact_sheets/index.htm)

### **6. VA / DOD Tobacco Use Cessation Clinical Practice Guideline**

[http://www.oqp.med.va.gov/cpg/TUC3/TUC\\_Base.htm](http://www.oqp.med.va.gov/cpg/TUC3/TUC_Base.htm)

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## 7. Treating Tobacco Use and Dependence: 2008 Update from AHRQ

[Treating Tobacco Use and Dependence: 2008 Update—Clinical Practice Guideline](#) (PDF File,

## 8. US Army MEDCOM—Management of Tobacco Use

Clinical Practice Guideline with numerous related hotlinks

<https://www.qmo.amedd.army.mil/smoke/smoke.htm>

## 9. Chantix (varenicline)

DoD Medication Safety Notice

<http://www.health.mil/Content/docs/pdfs/Varenicline%20Safety%20Notice%20final.pdf>

Effect on smoking cessation, JAMA article

<http://jama.ama-assn.org/cgi/content/full/296/1/64>

(Chantix is a registered trademark of Pfizer Inc. Use of trademarked name does not imply endorsement by the US Army but is intended only to assist in identification of a specific product.)

## 10. Tobacco Related Exposures

National Institute of Environmental Health Sciences

<http://ntp.niehs.nih.gov/ntp/roc/eleventh/profiles/s176toba.pdf>

## **Patient**

## 11. The Health Consequences of Smoking

Surgeon General's Report 2004—Animated Flash Version

[http://www.cdc.gov/tobacco/data\\_statistics/sgr/sgr\\_2004/sgranimation/flash/index.html](http://www.cdc.gov/tobacco/data_statistics/sgr/sgr_2004/sgranimation/flash/index.html)

## 12. The Health Consequences of Involuntary Exposure to Tobacco Smoke

Surgeon General's Report 2006—Consumer Summary with many hotlinks

[http://www.cdc.gov/tobacco/data\\_statistics/sgr/sgr\\_2006/consumer\\_summary.htm](http://www.cdc.gov/tobacco/data_statistics/sgr/sgr_2006/consumer_summary.htm)

## 13. CDC Smoking and Tobacco Use Website

<http://www.cdc.gov/tobacco/>

## 14. Quit Tobacco—Make Everyone Proud DoD Tobacco Cessation Campaign

<http://www.ucanquit2.org>

## 15. Smokefree.gov U.S. Government Website

<http://www.smokefree.gov/index.asp>

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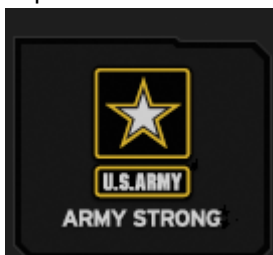
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16. **Guide for Quitting Smoking** American Cancer Society  
[http://www.cancer.org/docroot/PED/content/PED\\_10\\_13X\\_Guide\\_for\\_Quitting\\_Smoking.asp](http://www.cancer.org/docroot/PED/content/PED_10_13X_Guide_for_Quitting_Smoking.asp)
17. **Secondhand Smoke Fact Sheet** American Lung Association  
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35422>

## **Graphic and Text Resources**

18. **Great American Smoke Out: Army Resource Archive**  
<http://chppm-www.apgea.army.mil/dhpw/Population/GreatAmericanSmokeoutResourceArchive.aspx>
19. **Guide for Quitting Smoking** American Cancer Society  
[http://www.cancer.org/docroot/PED/content/PED\\_10\\_13X\\_Guide\\_for\\_Quitting\\_Smoking.asp](http://www.cancer.org/docroot/PED/content/PED_10_13X_Guide_for_Quitting_Smoking.asp)
20. **Great American Smokeout Resources** American Cancer Society  
<http://www.cancer.org/docroot/subsite/greatamericans/Smokeout.asp>
21. Graphic1



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